



# FIRE RESCUE SUPPORT

August 2018

BEFORE... DURING... AFTER...

The following firefighters died in the line of duty during the month of July

7/4

Michael Goodnight  
Salisbury, NC

7/4

Michael F. Cherubini  
Hague, NY

7/10

Cory Barr  
Sun Prairie, WI

7/14

Braden Varney  
Sacramento, CA

7/14

Zachary J. Fazekas  
New Hyde Park, NY

7/23

Nathan Flynn  
Columbia, MD

7/26

Jeremy Stoke  
Redding, CA

7/29

Brian Hughes  
Three Rivers, CA

57 firefighters have died in the line of duty this year

## One Not Everyone

There are many times I'm absolutely overwhelmed by the needs that I see around me. My community and my world are full of violence, poverty, and despair. If I'm not careful, being overwhelmed can result in a type of paralysis where I do nothing because the problems seem too big.



Pasco County firefighters saved a man having a heart attack, then returned to his home to finish laying sod

Andy Stanley, pastor of North Point Community Church, said, "Do for one what you wish you

could do for everyone. Because if we all did for one what we wish we could do for everyone, it might change the world. But certainly, it would change one person's world. It may even change your world."

For a variety of reasons, those in our communities call for our assistance. Whether they are the victim of an accident, a medical event, or their own poor choices, they are in need of our attention, compassion and support. For the moment, the person right in front of you is who is most important.

So take the time to look into the eyes of the person that is in front of you. Get down on your knees to connect with the child that you are

helping. Slow down enough to really listen to the senior citizen that is in need of assistance. When you focus on the person that is right in front of you, you give them an incredible gift; your actions show that they have value and worth. By the way, all of this applies off duty as well. Look into the eyes of your spouse. Get down on your knees to connect with your children. Slow down and listen to your parents.



Firefighters in Oregon, IL, returned to the scene of a kitchen fire to construct a ramp for the handicapped woman who lives there

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The challenge before us is to look and not only see the crowd and all their struggles, but also the individuals who make up that crowd. When we do that, we can make a difference.

Dr. Seuss said it this way, "To the world you may be one person, but to one person you may be the world."



Chattanooga firefighter calmed this baby after a car crash

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Marion County Fire Rescue is pleased to announce that Paul McCarthy has joined the Chaplain Corps. Paul is the Pastor at Moss Bluff Baptist Church and will be joining the MCFR as the District 2 Chaplain. You'll see him as he visits stations and responds to calls. Paul is also a volunteer firefighter at MCFR Station 26.



# CISM Monthly Training

## SAFER

The foundational model for CISM interventions is SAFER. Here's a quick review of the components of this model.

*Each month we'll discuss a topic related to crisis intervention. We hope this will serve as a refresher for those who have been trained, as well as something to create interest for those who have not.*

S - stabilize (establish rapport and connection; mitigate stressors, discuss confidentiality; meet basic needs)

A - acknowledge the story (listen to what people are going through; determine what to do, if anything)

F - facilitate understanding (of their reaction - normalization; of the event itself - cognitive reframing)

E - encourage effective coping (start with what they know; teach as needed; discuss the work and time needed to recover)

R - recovery or referral (determine if person is able to adaptively function or if additional resources are necessary)

## CISM Training

Assisting Individuals in Crisis AND  
Group Crisis Intervention



**Fort Myers**  
**August 7-9**

**Winter Garden**  
**October 23-25**

**Milton**  
**August 14-16**

**You could**  
**be next!**

For more information and to register visit  
[www.firerescuesupport.com](http://www.firerescuesupport.com)

Want to host CISM training at your agency?  
Contact Joe at 352-425-1643 or  
[joe@firerescuesupport.com](mailto:joe@firerescuesupport.com)

## Amazon Donates to Charity



For eligible purchases at Amazon Smile, the Amazon Smile Foundation will donate 0.5% of the purchase price to the customer's selected charitable organization. You can make Fire Rescue Support your organization by [clicking here](#). Then every time you order through the Amazon Smile website you'll be helping Fire Rescue Support continue its mission of supporting fire rescue personnel before, during and after the call.

## Thank You!

Thanks for your partnership with Fire Rescue Support. Because of you, we have the opportunity to support fire rescue personnel before, during and after the call. Visit [www.firerescuesupport.com](http://www.firerescuesupport.com) for more information or to donate. You can also find us on Facebook and Instagram. And please don't hesitate to contact me if I can be of assistance personally or professionally. You can reach me at



## Connect with Fire Rescue Support





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Every day the men and women who serve as fire rescue personnel put their lives on the line for their communities. The work they do is full of unique challenges like dealing with extreme physical conditions and coping first hand with human tragedy. Often these challenges take a toll on their well-being and put incredible strain on their relationships. In addition, the people that fire rescue personnel serve are many times experiencing the worst day of their lives. As they struggle through their personal tragedies, they are faced with the task of rebuilding their lives and going forward.

Imagine an organization committed to one task – supporting fire rescue personnel. From their work in the field to their lives at home, picture an organization working to equip these first responders to be more successful on the job and in life. Envision an organization that extends the support of those serving in fire rescue by offering care and comfort to the people they serve. Finally, picture an organization that would impact emergency services workers all across the country. That organization is Fire Rescue Support – supporting fire rescue personnel before, during and after the call.

