



Fire Rescue Support exists to support fire rescue personnel before, during and after the call

CISM Monthly Training



Each month we'll discuss a topic relative to crisis intervention. We hope this will serve as a refresher for those who have been trained, as well as something to create interest for those who have not.

Caring for All of You

As a CISM provider, I have the great privilege of caring for fire rescue personnel. They are a dedicated group of people who are committed to providing care and compassion when others experience the worst day of their lives.

The care I provide comes in many forms. Physically, I provide cold water and snacks when crews are battling fires. Emotionally, I provide a listening ear as crews make sense of what they experience. Mentally, I provide tools to help with stress management.

But there is an additional way that I provide care for fire rescue personnel – I provide care for them spiritually.

The work we do in CISM is not void of spirituality because this is part of who we are. For me to provide care for all of you, I must provide care for your soul.

For this reason, I invite you to hear from Cheyane Caldwell, a Los Angeles firefighter who was severely injured in a fire in 2007.

[Click here](#) to read the Firehouse article about the call. Click on the picture below to see a video about his story.



CISM Training



“Assisting Individual in Crisis” and “Group Crisis Intervention” are the two core crisis intervention courses taught through the International Critical Incident Stress Foundation (www.icisf.org). We are offering these courses at a variety of locations throughout the state of Florida. [Click here](#) for more information and to register. Contact us if your agency is interested in hosting this training.



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Lessons from Space

For years, my family traveled back and forth between Chicago and The Villages to visit my parents who had retired to Florida in 1988. On each trip, we tried to take different routes and visit different places. One year, sometime in the early 90s, we stopped in Huntsville, Alabama to see the U.S. Space & Rocket Center. It was there that a love for space was born.

This fascination with space was underscored in 1996 when my daughter Alleson and I were part of a Parent/Child Weekend at Space Camp. Ever since then, our entire family has enjoyed following the space program, even if from a distance.

Now that we live in Florida, we feel much closer to the action. At one point, we had season passes to the Kennedy Space Center and enjoyed keeping up with the latest information about the Space Shuttle, the International Space Station and NASA's plans to return man to the moon by 2020. We have been able to see Shuttle launches from near the Space Center, as well as from our backyard.

I remember one particular visit to Kennedy. After having our usual great time, we returned home and found the sky amazingly clear. Looking up at the stars knowing that there were people up there on the space station was pretty incredible. What was even more incredible was to consider the very small space that I take up in God's awesome universe.

From my perspective, I seem pretty big. The things I do seem pretty important. The life I'm living seems pretty significant. But when the astronauts flying overhead look out their window, they don't even know I'm here.

But God does!

"When I consider your heavens, the work of your fingers, the moon and the stars, which you have set in place, what is man that you are mindful of him, the son of man that you care for him?" Psalm 8:3-4





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Thank you!

Thanks for your partnership with Fire Rescue Support. Because of you, we have the opportunity to support fire rescue personnel before, during and after the call. Visit www.firerescuesupport.com for more information or to donate. You can also find us on Facebook and Instagram. And please don't hesitate to contact me if I can be of assistance personally or professionally. You can reach me at 352-425-1643 or joe@firerescuesupport.com.

