

**Fire Rescue Support exists to support fire rescue personnel
before, during and after the call**

MCFR Welcomes its 4th Chaplain



MCFR Chaplains (pictured left to right)
Danny Giltner, Joe LaCognata, Josh Mader and Tom Golden

Danny Giltner recently became the newest chaplain with Marion County Fire Rescue. Danny will serve as Chaplain 3 giving support to the crews and communities of Belleview Station 18, Spruce Creek Station 30, The Villages Station 10 and Weirsdale Station 27. Danny has been the pastor of Community Harvest Baptist Church in Summerfield for 10 years. Danny joins Joe, Josh and Tom in supporting fire rescue personnel before, during and after the call.



Chief Paul Nevels with Chaplain Danny Giltner

CISM Training



I have the privilege of being an Approved Instructor with the International Critical Incident Stress Foundation and teach their two core courses. “Assisting Individuals in Crisis” focuses on helping an individual in a crisis situation by using questioning techniques to create a strong, empathic connection. In “Group Crisis Intervention,” the focus is on helping a group move through a crisis situation using a variety of intervention techniques.

Over the next couple of months I’ll be in the following locations teaching these two core courses.

Miramar, FL – October 18-20
St. Marys, GA – November 1-3
St. Augustine, FL – November 28-30

[Click here](#) for more information and to register.

If none of these locations or dates are convenient and you have a group of at least 15 that is interested in these courses, contact me and I may be able to set up training in your area.



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OFR's New Tower Ladder



Ocala Fire Rescue will welcome their newest piece of apparatus with a traditional “push in” ceremony. The history of “pushing in” apparatus goes back to the time of horse-drawn fire engines. When these units returned to the station after a call, the horses were unhitched and the engine was pushed back into the station by the crew.

This special ceremony will be held on Monday, October 10 at 5:30pm at Ocala Fire Station #1 located at 235 NE Watula Avenue. All are invited!



The Human Side of the Fire Service



Every day, the men and women who serve as fire rescue personnel put their lives on the line for their communities. The work they do is full of unique challenges like dealing with extreme physical conditions and coping first hand with human tragedy. Often these challenges take a toll on their well-being and put incredible strain on their relationships.

For this reason, self-care is a huge issue. In order for fire rescue personnel to be prepared for the demands of the job, they need to take care of themselves. That's why “Caring for Your Self” is one of the topics focused on in a training session called “The Human Side of the Fire Service.” Too often, fire rescue personnel are unwilling to admit that the challenges of the job can be overwhelming. This results in not dealing with job-related issues of stress. During this training, firefighters are challenged to embrace the phrase “it's ok to not be ok.” By admitting the struggle, firefighters can then get the help they need.

Caring for Your Self is just one topic discussed during this training. In addition, “Caring for Victims,” “Caring for Peers,” and “Caring for Your Family” are presented.

Chaplain Joe LaCognata will present “The Human Side of the Fire Service” at the Florida Fire Chief's Association's Safety and Health Conference on Wednesday, December 7 at 3:00pm.

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MCFR/OFR New Hires



MCFR's newest members

Both Marion County Fire Rescue and Ocala Fire Rescue recently welcomed new members into their departments. In separate ceremonies held on September 9, these men made commitments to their profession and communities.

It was noted that just two days after these ceremonies, the fire service would pause to honor those who lost their lives on September 11, 2001. This served as a sobering reminder for these new firefighters about the commitment they were making to selflessly serve their fellow man.



OFR's newest members

Dessert Auction benefits First Responders

On Sunday, September 11, as we paused to remember the tragic events of 15 years ago, there was also time to celebrate. This celebration took place as three Lutheran churches came together to support local first responders.

The Churches of Ascension, Incarnation and St. Matthew's held a dessert auction "with proceeds to benefit our cherished first responders." There was a delectable selection of dessert items that were divided into the following categories: Decadent Chocolate, Fruity Tooty and American Pie.

Fire Rescue Support is grateful to be the fire department related organization that received a portion of the proceeds from this fundraiser.





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Amazon Donates to Charity



For eligible purchases at Amazon Smile, the Amazon Smile Foundation will donate 0.5% of the purchase price to the customer's selected charitable organization. You can make Fire Rescue Support your organization by [clicking here](#). Then every time you order through the Amazon Smile website you'll be helping Fire Rescue Support continue its mission of supporting fire rescue personnel before, during and after the call.



Thank you!

Thanks for your interest in and partnership with Fire Rescue Support. Because of you, we have the opportunity to support fire rescue personnel before, during and after the call. Visit www.firerescuesupport.com for more information or to donate. You can also find us on Facebook. And please don't hesitate to contact me if I can be of assistance personally or professionally. You can reach me at 352-425-1643 or joe@firerescuesupport.com.

