



# Monthly Newsletter

## January 2013

### What happened?

Here is a breakdown of the hours I spent with Marion County Fire Rescue, Ocala Fire Rescue and Fire Rescue Support last month...

<b>December</b>	
Accidents	7.5
Ceremonies	0.0
CISD	0.0
Counseling	1.0
Fires	3.0
Funeral related	0.0
Hospital visits	5.5
Office	0.0
Incidents	0.0
Meetings	6.5
Station Visits	16.0
Training	0.0
Wedding related	0.0
<b>Monthly total</b>	<b>39.5</b>



**On scene**

### Call of the Month



On Sunday, December 2 at 3:00am, I was alerted to a vehicle accident on Interstate 75 just north of County Road 484. The initial report indicated two fatalities.

When I arrived on scene I was informed that there had been a hit and run crash that left a vehicle disabled on the roadway. Shortly after the first crash, a second crash occurred involving a semi plowing into the disabled vehicle. Only two of the four occupants of the disabled vehicle were able to get out in time.

Our crews were certainly impacted by what they saw that morning. I had the chance to talk through things with them during their next shift.

## What's happening now?



### Stress Presentations

Since July 2012, I've had the opportunity to connect with our crews and talk about the issue of stress. But through the months of visiting fire stations, I came to realize there was one group that was being overlooked. Marion County has a group of high performance rescue units (ambulances) with crews that work 13.5-hour shifts and run basically day and night. Talk about stress! I'm pleased to say that these crews are now included in our conversations on stress.

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### Newtown, CN and Webster, NY tragedies

While these events took place hundreds of miles away, the reality of them hit home. Although I was reading about people that I did not know, I clearly understood that the fire rescue crews I have the privilege of serving with day-to-day are the ones that would be called upon should events like these happen here. That's why Fire Rescue Support exists; to support fire rescue personnel before, during and after the call.

## What's coming up?

As we turn the calendar to 2013, there is a sense of heaviness in our world. But into this heaviness, God offers hope.

Find rest, O my soul, in God alone; my hope comes from him. He alone is my rock and my salvation; he is my fortress, I will not be shaken. My salvation and my honor depend on God; he is my mighty rock, my refuge. Trust in him at all times, O people; pour out your hearts to him, for God is our refuge.  
Psalm 62:5-8

## Thank you!

Thanks for your interest in and support of Fire Rescue Support. We exist to support fire rescue personnel before, during and after the call. For more information go to [www.firerescuesupport.com](http://www.firerescuesupport.com).

